

Instructions for stool sample collection

- **Collect the sample:** Urinate first to avoid urine contamination. Using the provided bedpan and scoop or spatula, transfer some stool into the provided plastic container. Fill at least half of the container.



- **Sample from different areas:**
 - For formed stool: collect from both ends and the middle.
 - For loose stool: collect from areas that appear bloody, slimy, or watery.
- **Avoid contamination:** Do not allow urine or toilet paper to mix with the sample.
- **Seal the container:** Make sure the lid is tightly closed to prevent leakage.
- **Label the container:** Clearly write your full name, date of birth, and the date and time of collection on the label. (The clinic/unit will provide a label for the patient to complete.)
- **Store as instructed:** Place the sample in a refrigerator or on ice immediately after collection and keep it refrigerated until delivery.
- **Return the sample:** Bring the sample, kept on ice packs, to the designated location (lab, clinic, etc.) within **24 hours** of collection.