

**OCHSNER CLINIC FOUNDATION
DEPARTMENT OF PATHOLOGY & LABORATORY MEDICINE**

INSTRUCTIONS FOR STOOL SAMPLE ANALYSIS

Patient Instructions:

Supplies Needed: Instruction Card, wooden blade, Cup with name labels and lid, plastic bag, paper bag, plastic food wrap (optional).

Important Points to Remember:

- Fill cup $\frac{1}{4}$ full. Do not over fill sample cup.
- Do not let stool touch toilet paper, toilet water or urine.
- Diapers are not accepted in the laboratory. Stool must be placed in the plastic container provided.

Collection Instructions:

1. Wash your hands
2. Method # 1: As the stool passes from your body, use the wooden blade to guide the sample into the sample cup provided.
OR
Method #2: Place plastic food wrap over the toilet bowl under the seat to catch the stool sample. Use the wooden blade to place the stool into the sample cup provided. Throw the plastic wrap away. Do not flush the plastic wrap down the toilet.
3. Fasten the lid of the sample cup on securely. Make sure that the sample cup is labeled with your name and Medical Record number and the date / time of collection.
4. Place the cup inside the plastic bag. Seal the plastic bag securely.
5. Place the plastic bag and lab slips into the paper bag provided.
6. Deliver to Laboratory Registration Desk as soon as possible. If your nurse has instructed you to return your sample to the clinic, return your sample to the Clinic as soon as possible after collection.

Important: If you are unable to bring your stool sample to the lab within 2 hours of collection, please refrigerate until it can be delivered.